

Vitamin D₃ Measured as 25-hydroxy Vitamin D₃ aka 25(OH)D
not
1,25 dihydroxyvitamin D₃ aka 1,25(OH)₂D

Improving the Measurement of 25-hydroxyvitamin D

Although cholecalciferol as 25-hydroxyvitamin D aka 25(OH)D and 1,25 dihydroxyvitamin D aka 1,25(OH)₂D can be measured in the circulation, the best estimates of vitamin D status are provided by measurement of 25-hydroxyvitamin D.

Read on:

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1240027/>